



NATIONAL CENTRAL SCHOOL

Ezhamkulam, Adoor

"Global Learning in Village"



Mélange

Annual students' magazine

2025-2026



NATIONAL CENTRAL SCHOOL

Senior Secondary

(Affiliated to CBSE, New Delhi. No 930763)

Ezhamkulam, Adoor - 691554



ADMISSIONS

OPEN

2026-27

PLAY CLASS

LKG, UKG

CLASSES:
I TO IX & XI

<https://www.facebook.com/Nationalcentralschool/> <https://www.instagram.com/nationalcentralschool/>

More information Call us: 7306381835

n.centralschool@rediffmail.com | www.nationalcentralschool.com

From the Chairman's Desk



K K Mathai
Chairman

National Central School: Nurturing Future Leaders with Values and Excellence

A Journey of Vision and Commitment

In April 2004, visionary leaders — Mr K.K. Mathai and Mr Mamachan of Alummoottil Bankers, along with the Late Mr Gopinath — founded National Central School (NCS), a premier residential-model institution situated on the K.P. Road near Ezhamkulam Junction, Adoor. The driving force behind its establishment was the clear recognition of a vital need: the absence of a high-standard, model residential school in and around Adoor. Guided by the deep conviction that education is a powerful investment in human resource development, these founders created a nurturing space dedicated to academic brilliance and holistic growth.

Our Motto

“To Fresh Woods And Pastures New”

This motto inspires us to guide young minds toward new horizons of knowledge, creativity, and possibility. At NCS, we aim to produce not just scholars, but true leaders — individuals who blend timeless traditions with contemporary thought while upholding India's core values of integrity, fraternity, equality, and secularism. In an eco-centric, environment-friendly atmosphere, we focus on academic excellence, skill development, and character formation rooted in eternal moral values and service to humanity, as envisioned by all religions.

Aims and Objectives

NCS strives for academic excellence alongside the development of skills and character grounded in universal values. Our goal is to shape intellectually earnest, socially committed, environmentally aware, and spiritually enlightened children who serve humanity with dedication.

Curriculum and Academic Excellence

Affiliated with the Central Board of Secondary Education (CBSE), New Delhi, NCS follows the 10+2 pattern and adopts the most advanced and modern CBSE syllabus. Known for its ‘frontline curriculum’, CBSE continually evolves by introducing innovative subjects and shedding outdated elements — recently adding areas like Artificial Intelligence, Environmental Studies, and Disaster Management, along with compulsory Laboratories in schools.

NCS embraces these forward-thinking reforms, including Continuous and Comprehensive Evaluation (CCE), internal assessments, and a strong emphasis on social learning from the foundational years. We also run a vibrant nursery section for early learners (LKG and UKG), blending Montessori principles with conventional teaching. Here, learning happens through play, spontaneity, and freedom, fostering overall personality development in young children.

Thank you

Vice Chairperson's Insights



Leelamma Mathai
Vice Chairperson

Greetings to all students, parents, and teachers. As the Vice-Chairperson, I am extremely happy to welcome you to the vibrant edition of our school magazine. This endeavour is a testament to the unwavering commitment of our school community to the timeless values of peace, love, and harmony.

Our institution's mission extends beyond academic excellence and co-curricular achievements, focusing on the cultivation of character, the instillation of values, and the nurturing of ethics. We strive to shape individuals who will be the custodians of truth, harmony, and unity – the bedrock upon which a prosperous and enlightened society is built.

I am filled with pride as I reflect on the relentless efforts of our students and teachers, who have collaborated with unwavering dedication to bring this magazine to life. Within its pages, we hope you'll discover the essence of our school's ethos and the promise of a brighter tomorrow.

As we embark on this new journey, I extend my warmest wishes to all students and teachers for a year filled with joy, success, and boundless possibilities.

Principal's Message



Kavitha TT
Principal

A good school is essential for a good society to utilise its hidden talents for progress. A school should prepare children to face the challenges that the future holds. We foster academic excellence alongside a strong value system. In this highly competitive world, schools play a vital role in the holistic development of every child. To nurture children's creativity, the school has launched a school magazine. It makes the school more interesting and worth remembering.

I congratulate the members of the editorial board who are involved in this magazine. I hope this effort of our young minds will serve as a stepping stone towards the many milestones we have yet to cover in the pursuit of excellence.

Former Principal's Message



V. Sunil Kumar
Former Principal

Creativity is a gift of God, the Creator. It is inherent in all living beings but in varying degrees. Some identify their inherent talents early, while others discover them much later. Those who identify their talents early do so either through their own efforts, encouragement from parents, or the platforms provided by their schools. Due to negative circumstances/environment, inherent talents remain dormant in many people.

There is a great tree hidden in a tiny seed. Under favourable circumstances, the seed may sprout and gradually grow into a big tree, sheltering innumerable living beings and safeguarding biodiversity.

National Central School provides different platforms for the early identification of innate talents and inherent skills in children and channels them properly. Many students have utilized these platforms effectively, now serving in different capacities in different parts of the world and in India too. The horizons opened after 1991 especially with globalization, created immense opportunities and AI in particular. Hence, our effort is to equip our children to compete at a global level. So the motto of the school is: “Global Learning Experience in Village”.

Academic Director's Note



Dr. Susan Mathew
Academic Director

It fills me with immense pride to pen down a few lines to celebrate our cherished magazine. This magazine is an appreciation of the efforts of our teachers as well as our students as part of the National Central School team. As we go through the pages of another academic year, I'm delighted to share that our focus has been on nurturing well-rounded individuals. Our curriculum has academic excellence as its goal, while co-curricular activities have sharpened skills like teamwork, leadership, and creativity for our students.

A key emphasis this year has been on communication – the cornerstone of success in today's interconnected world. We've worked on building confidence, articulation, and empathy in our students, essential for effective collaboration and team work.

Our goal extends beyond academic achievements; we strive to develop Emotional Quotient, Intelligence Quotient, and Social Quotient. By doing so, we empower our students to navigate life's challenges with resilience, adapt to new environments, and make a positive impact.

I am proud of the progress our students have made and I am eager to see them apply these skills to shape a brighter future.

Manager's Message



Adv. Sajan K Mathew
Manager

Dear Students, Parents, Teachers, Non-teaching staff and our Well-wishers,

This is a proud moment for National Central School, Ezhamkulam, Adoor, as we present our first annual magazine, marking the school's inception in 2004. These pages reflect the learning, creativity, and spirit of our students, as well as the dedication of our teachers and staff.

Our vision is ambitious and clear: to develop National Central School into one of the best schools in the state. We aim to achieve this through high academic standards, disciplined learning, strong values, and continuous improvement in teaching and facilities. Beyond results, we want our children to grow into confident, responsible, and compassionate individuals.

I thank our Principal, faculty, and staff for their sincere efforts, and our parents for their trust and support. To our students, your hard work and character will shape the future of this institution.

May this inaugural magazine be the beginning of a meaningful tradition.

Student Editorial



Hannah Mary Sunil
Student Editor

Words have the power to reflect our thoughts and inspire our minds. This publication 'Mélange' stands as a testament to the curiosity and collective spirit of each of our students. Each page carries voices shaped by imagination, determination, and sincere effort.

This magazine is not just a collection of articles, poems, and artworks but actually a celebration of shared experiences and varied perspectives. It reflects the dedication of contributors who dared to think, write, question, and create beyond boundaries.

The Editorial Board extends heartfelt appreciation to the mentors, contributors and readers whose support made this endeavour meaningful and successful. May these pages inspire reflection, ignite creativity and remind everyone that every voice matters....

ACKNOWLEDGEMENTS TO OUR DEDICATED TEAM

This edition of Melange owes its success to the unwavering commitment and exceptional contributions of our behind-the-scenes team. Their creativity, enthusiasm, and expertise brought this publication to life.



LIDA THOMAS
English Department



SREEKALA P B
Malayalam Department



VIJAYAREKHA
Hindi Department



SUNIL THOMAS
The Motivator
Inspiring timely contributions from all team members.



VISHNU S. KUMAR
The Director's Eye
Perfecting visuals with meticulous attention to every frame.



SMRUTHY V
The Sparkle Queen
Capturing the enchanting moments of kindergarten with flawless photography.

ACKNOWLEDGEMENTS

FROM SCHOOL HALLS TO GLOBAL HEIGHTS: ALUMNI EXCELLENCE



SARAH STANLEY

Former student, Sarah Stanley secured admission to the prestigious Erasmus Mundus Joint Master's Degree. 'Representing India, she is one of only two students chosen from the country among 25 global candidates' She will have the opportunity to study across four top European Universities.



HANNAH STANLEY

Hannah Stanley, got her admission to the prestigious 'London School of Economics', which was founded by George Bernad Shaw and a few others and has produced 20 Nobel Laureates so far. We take great pride in sharing this outstanding achievement of Hannah with all our parents and other well-wishers.



LIYA MARIAM BIJU

Liya has secured an admission under the All India Merit Seat allocation to the prestigious National Forensic Sciences University – Gandhinagar, Gujarat, for M.Sc. in Forensic Biotechnology.



NATIONAL CENTRAL SCHOOL, EZHAMKULAM, ADOOR

SHEEN VICTORY IN CLASS XII BOARD EXAM RESULTS, 2025

★ **TOPPERS** ★



JOANNA MARIYAM RAJU

**Secured Full A1 With
Aggregate 96% Marks**



AKSHITH PRADEEP

Secured Four- A1 & One- A2



ANGELNA ANNA BINU

Secured Three- A1

Remaining Students Secured Distinction



ALDIYA A



SHARON RANJU ALEX



ADWAITH S



ALFIDA S



ABIN EBY

CONGRATULATIONS TO ALL THE WINNERS



NATIONAL CENTRAL SCHOOL, EZHAMKULAM, ADOOR

"MIRACLE ONCE AGAIN IN CLASS X BOARD EXAMINATION RESULTS, 2025"

Students Secured Full A1



ARUL V THAMPI
Aggregate 95% Marks
100% Marks in Mental Science



AASHIT VARUN
Aggregate 95% Marks



PRANAV PRAVEEN
Aggregate 94% Marks

Students Secured Four- A1 & One- A2



SARAH MARY GEORGE
Aggregate 95% Marks



VISHA LEKSHMI R
Aggregate 94% Marks



ASHRAY D
Aggregate 93% Marks
100% Marks in Social Science
100% Marks in Mathematics

Students Secured Above 90% Marks



DIVYASHREE C D
Aggregate 92% Marks



ADHINAV HARIK
Aggregate 92% Marks

Students Secured Above 80% Marks



ARSHA VENU
89%



LUKE UNJON
88%



JEEVIN KOSHY
88%



KRISHNATH J B
86%



ANSHA JYOTI
86%



DIGNA SARA JOHN
84%



SHINE RANUJ ALEX
84%



GEORCY GIO
83%



SREEPATHVI S
82%



ALEENA TOMSON
81%

Students Passed With Distinction



ASWIN S KURLUP



HANNA ELSA VARGHESE



MANIKAH ANN VARGHESE



AKSHAYA SUMESH



MIRIA CYRIL



ARJUN SATHEESH



GOVIND J



BANOHARA SURESH



ANANTHIKA V PILLAI

CONGRATULATIONS TO ALL THE WINNERS



AGAIN GOLDEN FEATHERS ON NCS CROWN! BLISS NATIONAL SPELL BEE COMPETITION

NATIONAL LEVEL WINNERS



THEETHA ANEESH
2nd Rank



GAJTHAM S
7th Rank



ANIA SHREE MATHAI
8th Rank



A SANKARANARAYANAN
8th Rank

STATE LEVEL WINNERS



AADDEV R
3rd Rank



VEDIKA VINESH
2nd Rank



THAPSVI SURAJ
5th Rank



MAKIMA R NAIR
5th Rank



NEHAL MANU KOSHY
5th Rank



TESSA ANN TITTU
5th Rank



SANJEEV R
5th Rank



AKSHA NARAYAN AJITH
5th Rank



TOVIH THOMAS SHOBEY
5th Rank



MOYAL RENU GEORGE
5th Rank



AMIRA KRISHNA
5th Rank



EVELYN ANN SHAJI
5th Rank

Congratulations to all the winners



**BLISS NATIONAL
SPELL BEE
COMPETITION**

Congratulations

Ania Shibu Mathai

9th rank
National level



**BLISS NATIONAL
SPELL BEE
COMPETITION**

Congratulations

Theertha Aneesh

2nd rank
National level



**BLISS NATIONAL
SPELL BEE
COMPETITION**

Congratulations

Shankara Narayan

9th rank
National level



**BLISS NATIONAL
SPELL BEE
COMPETITION**

Congratulations

Gautham S

7th rank
National level

**ARYABHATTA
NATIONAL
MATHS
COMPETITION
2025**



529

**ALL INDIA
RANK**

Congratulations

AADIDEV R
Class 8



Congratulations

Anushna
Class VI-B

NCS STUDENT COUNCIL



Akshat Varun
School Captain



Sarah Mary George
School Vice-Captain



Melvin Biju John
Head Boy



Aadith A
Deputy Head Boy



Hannah Mary Kani
Head Girl



Manoushika Biju John
Deputy Head Girl



Shree Ranja Alex
Sports Captain



Hanna Rea Varghese
Sports Vice-Captain



Arjun Satheesh
BlueBell House Captain



Christa Mary Biju
BlueBell Vice-Captain



Krishnakrishn JB
BlueBell House Sports Captain

NCS STUDENT COUNCIL



Sreyas Krishnan
Daffodil House Captain



Mennah Ann Varghese
Daffodil House Vice-Captain



Sreedhanya Narendran
Daffodil Sports Captain



Kashinath K.J
Dahlia House Captain



Abhinaya Suresh
Dahlia House Vice-Captain



Noel Maria Koshy
Dahlia House Sports Captain



Noobin Sunny Pappachin
Lotus House Captain



Sreya Sarithash
Lotus House Vice-Captain



Erin Bha Eby
Lotus House Sports Captain



Manjima R Nair
Eco Club Secretary



Divyanshi C D
Library Club Secretary



Devadutt B
Science Club Secretary



Georgy Gijo
Cell service secretary

NCS SENIOR INVESTITURE CEREMONY



Inauguration of school clubs



Khyrunnisa A

The stage sparkled with a set of books arranged like a rainbow of stories; each seemed to whisper tales of some adventure and wonder.

It looked like a living, breathing library. Book covers gleamed under the lights; hiding behind them were stories waiting to be revealed. Pages rustled softly; it felt like the books themselves longed to speak.

In front of the stage sat rows of children, whose little faces lit up with excitement. Some of them murmured to each other, and some smiled eagerly, as they curiously waited for the star of the day. There she came with a beautiful smile, and her words, like brushstrokes on a canvas, painted the venue, “Children, please be children! Enjoy the time, and have fun with the clubs inaugurated today.” With these cheerful words, Khyrunnisa A, the beloved creator of the Butterfingers series, began her address during the inauguration of our school clubs. Everyone, including teachers, seemed to be really enjoying her words, and their cheerful energy just made the hall feel bright and full of fun.

Khyrunnisa A is not only a writer but also a columnist and academic, admired for her ability to weave humour into everyday situations. She gained national fame with her novel *Howzzat Butterfingers!* (2010), followed by *Goal, Butterfingers!* and *Clean Bowled, Butterfingers!*. Each story carried a lively spirit and schoolyard



fun that made Butterfingers an unforgettable character. Beyond children's fiction, she has also penned witty essays for adults in works like *Tongue in Cheek: The Funny Side of Life*.

Her work has garnered several awards and recognitions:

Unisun Children's Fiction Award (2007)

Children's Book Trust Prizes (five times)

Sahitya Akademi's Bal Sahitya Puraskar (2024 , shortlisted)

Times of India Top Ten Books for Children (2021)

JK Paper and Times of India Author Awards (2022) , Longlisted)

Kalinga Literary Festival Book Awards (2024 , Longlisted).

Students thought she might seem formal, but they saw a very friendly and cheerful person who used to smile often and speak kindly. Her presence and personality made every

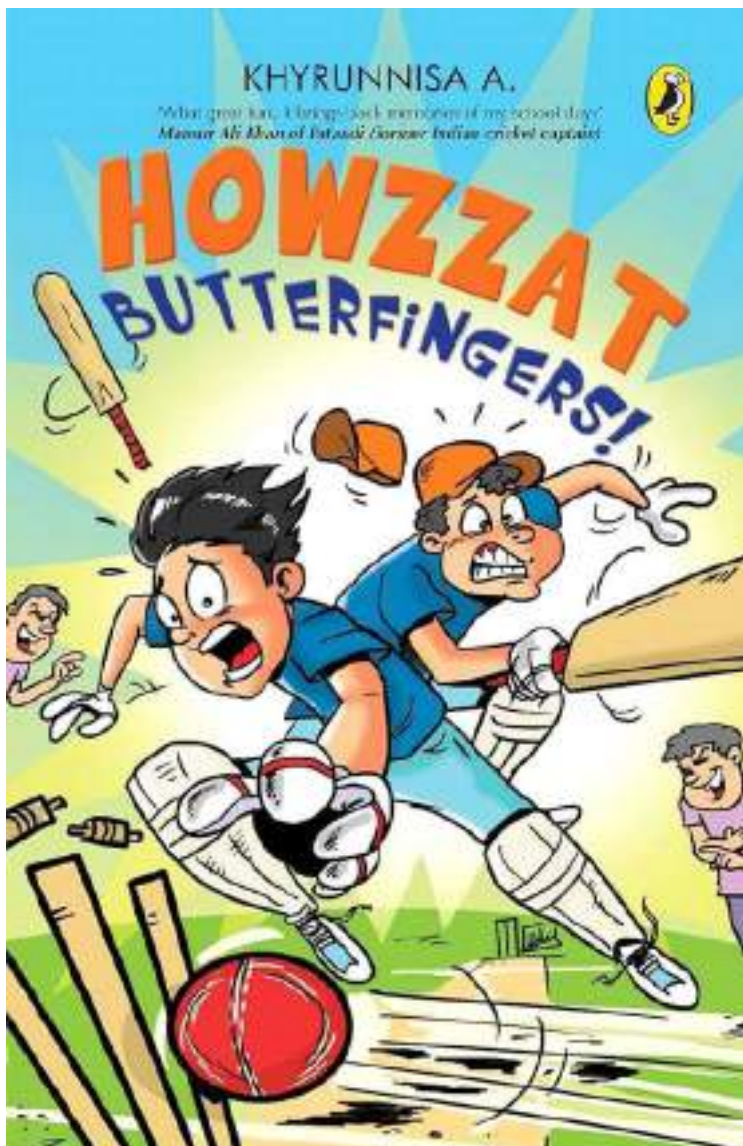
soul sitting in the auditorium comfortable and happy. Her love for children and writing was evident. The formal ceremony was followed by an interactive session with her. Where, she reminded every budding reader of the importance of reading books and how it helps shape young minds. "Read actual books, and limit screen time," she said, urging us to treasure the joy

of reading in an age where digital distractions are everywhere. In a world of scrolling mobile phones, the practice of children leafing through books is declining. Her speech was inspirational and made everyone present realise how reading made her a witty and observant person filled with deep thoughts. She even shared her own idiosyncratic reading habit that made everyone smile: "I





used to read even while eating—books always travelled with me.” For her, reading was not just a pastime but a way of life. The audience burst into applause when she said, “The best religion is the religion of humanity.” Her words not only inspired them to read but also to write without any hesitation. She gave a good message that mistakes are part of the creative process, and like Butterfingers himself, we can always laugh, learn, and grow.



Everyone really enjoyed the interactive session because it was lively and filled with questions, laughter, and personal stories. Her warmth and humour made them feel like they were in the company of an old friend. Everyone was pleased with the way she handled the questions and how patiently she answered them. Whether it was about her favourite books, the making of Butterfingers, or her own childhood experiences, her response carried both wisdom and laughter.

In her honour, a collection of many of her books has been created in a space in the library, which has now been named the ‘Khyrunnisa Corner.’ It will forever remind us of her inspiring presence and will continue to motivate students to explore the joy of reading and writing.

It was truly a day to remember; a day the writer behind Butterfingers inspired us to embrace books, laughter, and above all, the simple joy of being human. Her smile and words are etched in our hearts forever...

Hannah Mary Sunil



NCS ANNUAL SPORTS MEET

Sarath George
Class XI

“A player’s lifespan is decided by his limbs” — goes the dialogue from the Malayalam film Captain.

However, 35-year-old footballer Sarath Sathya disagrees with that. A player’s lifespan is decided by his decisions, and one can’t help but agree as the man is a living example of the statement. His life is a testament to us students. Having him as our chief guest for our Annual Sports Meet was a truly honourable and memorable moment for our school. His sportsmanship and his dedication to football were an inspiration to all of us. As an amputee, he has defied expectations and has achieved remarkable success through his unwavering perseverance and resilience.

Sarath Sathya was born in Aikkarakonam, Punalur. It is a small place with big dreams. Born to Sathyababu and Yamuna, Sarath had always been the energetic type, juggling arts and sports in school. Football has been his thing ever since he

was introduced to it by his brother S. Sreejith. He started playing in small fields in the countryside, but later started taking professional classes.

Sarath, after leading his school football team as the captain, then entered college. He joined Sree Narayana College, Punalur and studied BA English. Then, under the guidance of Santosh sir, who was the local sports teacher, he participated in university-level football competitions. Later, he participated in several tournaments for NASC Karavalloor.

During his studies, he formed a football club called FBA (Flying Boots Aikkarakonam) in his hometown with the support of friends and subsequently provided free coaching to children and other players under the guidance of Prejeesh Babu. Sarath is currently the team manager and president of the FBA club.

A tragic accident on the 14th of February 2023 changed his life forever. The accident had left



him with just one arm. But that never stopped him from setting a goal worth chasing. After his hospital stay, he returned to life with even more determination and strength. With the love and encouragement of his family and friends, he regained his spirit and became active on the field again, continuing to conquer his dreams with constant hard work and perseverance.

Sarath Sathya is not just an athlete but also a national champion in amputee football having represented India has participated in various national and international competitions. He is a goalkeeper and has shown amazing skills and hard work in this role and has won several gold medals. Apart from winning these medals, Sarath is a source of inspiration to students, showing that achievements are possible through hard work and determination.

His opening speech as our chief guest inspired us all. His words motivated us and encouraged us to strive for excellence, overcoming all setbacks. He helped us realise that we each have the potential to reach great heights within us; it is just waiting to be unlocked. Sarath Sathya's words left a lasting impact 'Winning is great, but don't lose in the process. Give it everything, learn from every step, and you'll be a winner no matter what.' This message really touched us, and we put in our best effort. We encouraged one another and pushed ourselves to the limit. It wasn't just about winning; it was about playing with our hearts. That's what made our Sports Day so memorable.

NCS ANNUAL SPORTS MEET



NCS ANNUAL SPORTS MEET





Sustainable Development Goals for the World and the Transformation of Farming

Aparna Vinod

Agriculture feeds populations, sustains rural livelihoods, shapes ecosystems, and influences climate stability. Therefore, it stays at the centre of the global sustainability challenge. The Sustainable Development Goals (SDGs), adopted by the United Nations in 2015, provide an integrated framework for addressing poverty, environmental degradation, inequality, and climate change. Farming is connected to this agenda and it is fundamental to its success.

SDG 2: Zero Hunger- The Core Agricultural Mandate

Sustainable Development Goal 2 seeks to end hunger, achieve food security and improve nutrition. This by default promotes sustainable agriculture. While global food production has increased significantly, hunger persists due to various reasons like inequality, excess consumption, climate stress, and fragile supply chains.

In order to progress towards achieving SDG 2, sustainable farming methods like the following, are essential:

Diversified cropping systems

Agroecological practices

Soil regeneration and organic amendments

Integrated pest management

Climate-resilient seed varieties

Farmers with small holdings produce a substantial share of food in developing countries. There are very few schemes that

encourage them. It is crucial to support them through access to credit, extension services, markets, and technology in this context.

SDG 1: No Poverty and SDG 8: Decent Work

Agriculture remains a primary livelihood source in many regions, especially across Asia and Africa. Sustainable Development Goal 1 and 8 highlight the need to enhance rural incomes and create dignified employment.





Sustainable farming increases resilience to shocks, such as droughts or market volatility- by reducing dependence on costly chemical inputs and promoting local value chains. Farmer-producer organizations, cooperative models, and agro-processing enterprises add value locally and reduce economic vulnerability.

Moreover, decent working conditions in agriculture- fair wages, occupational safety, gender equity, and elimination of child labor- are central to inclusive development.

SDG 12: Responsible Consumption and Production

Sustainable Development Goal 12 addresses sustainable resource use and waste reduction. Farming systems are directly linked to resource efficiency— particularly water, soil nutrients, and energy.

Modern industrial agriculture often relies on synthetic fertilizers, monocultures, and long-distance supply chains. These contribute to soil degradation, water contamination, and greenhouse gas emissions. By contrast, circular agriculture models:

Compost organic waste

Recycle nutrients

Promote local food systems

Reduce post-harvest losses

Food waste reduction across the value chain- from farm to fork, is also critical. Nearly one-third of global food produced is lost or wasted, representing squandered water, land, labor, and energy.

SDG 13: Climate Action- Farming as Both Victim and Solution

Sustainable Development Goal 13 recognizes the urgency of addressing climate change. Agriculture is highly climate-sensitive. Erratic rainfall, rising temperatures, and extreme weather events directly affect yields and farmer incomes.

At the same time, agriculture contributes significantly to greenhouse gas emissions through methane (livestock), nitrous oxide (fertilizers), and carbon dioxide (land-use change).

Climate-smart agriculture offers a pathway forward:

Conservation tillage to store soil carbon

Agroforestry systems integrating trees with crops

Methane-reducing livestock practices

Precision irrigation and nutrient management

Regenerative agriculture and biodynamic practices are gaining attention for their potential to enhance soil organic carbon and ecosystem resilience. Aligning farm-level strategies with national climate commitments under the Paris Agreement strengthens SDG 13 implementation.

SDG 15: Life on Land — Biodiversity and Ecosystem Restoration

Sustainable Development Goal 15 focuses on protecting terrestrial ecosystems and biodiversity. Agriculture occupies roughly half of habitable land globally, making it one of the most influential drivers of land-use change.

Monocropping, deforestation, and excessive chemical use have contributed to biodiversity loss and soil depletion. Sustainable farming restores ecological balance by:

Encouraging crop diversity

Maintaining hedgerows and pollinator habitats

Protecting soil microorganisms

Preventing land degradation

Healthy soils are living systems that regulate water cycles, sequester carbon, and sustain plant nutrition. Farming that respects ecological processes enhances long-term productivity rather than exhausting natural capital.

Gender, Equity, and Inclusion in Agriculture

Sustainable Development Goal 5 intersects strongly with agriculture. Women form a substantial proportion of the agricultural workforce but often lack land ownership rights, access to finance, and decision-making power.

Closing the gender gap in agriculture could significantly increase productivity and reduce hunger. Policies that ensure equal access to resources, training, and technology are essential to inclusive rural transformation.

Technology, Innovation, and Partnerships

Sustainable Development Goal 9 and Sustainable Development Goal 17 emphasize innovation and collaboration. Digital agriculture, satellite monitoring, AI-driven advisory systems, and blockchain-based traceability are reshaping farming systems.

However, technological adoption must remain context-sensitive and accessible. Public-private partnerships, research institutions, farmer networks, and sustainability frameworks can accelerate impact when aligned with local ecological and cultural realities.

Integrating SDGs into Farming Policy and Practice

The SDGs are interconnected; progress in one area influences others. Farming systems that restore soil health, conserve water, empower communities, and reduce emissions simultaneously advance multiple goals.

Governments can integrate SDGs into:



National agricultural policies

Subsidy reforms favoring sustainable inputs

Carbon and biodiversity markets

ESG disclosure requirements in agri-business

Private sector actors increasingly align agricultural supply chains with sustainability standards, responding to consumer demand and investor expectations.

Conclusion

Farming is not merely an economic activity; it is a stewardship function. The Sustainable Development

Goals provide a comprehensive blueprint for transforming agriculture into a regenerative, inclusive, and climate-resilient system.

Achieving the SDGs requires moving beyond yield maximization toward holistic value creation: nourishing people, regenerating ecosystems, and sustaining rural livelihoods. When agriculture aligns with sustainability principles, it becomes a powerful driver of global transformation- ensuring food security while safeguarding the planet for future generations.





Creating Awareness on POCSO:

**Stay Safe
Speak Up
Stay Strong**

**TEACH YOUR CHILD
TO BE SAFE**



Adv Hema R M.L. (IPR)
Consultant, National Central School
Certified POSH & POCSO Trainer
M.A – Psychology
(Org Behaviour & Development)

Children spend a large part of their lives in school. It is a place where they learn new subjects, make friends, discover their talents, and slowly prepare for their future. Along with academic learning, it is equally important for every child to understand their right to safety and dignity. In India, the “Protection of Children from Sexual Offences Act, commonly known as POCSO, was introduced to protect children below the age of eighteen from sexual abuse, harassment, and exploitation.

Awareness is not meant to create fear. It is meant to give confidence and strength.

Understanding Personal Safety

Every child has certain basic rights.

Every child has the right to feel safe.

Every child has the right to say no to anything that makes them uncomfortable.

Every child has the right to be treated with respect.

Every child has the right to ask for help without feeling scared or ashamed.

It is important to understand the idea of safe touch and unsafe touch.

Safe touch is a touch that makes you feel comfortable and cared for, such as a hug from your parents or a reassuring pat on the back from a teacher in an appropriate setting.

Unsafe touch is any touch that makes you feel confused, frightened, uncomfortable, or pressured.

A secret touch is when someone asks you not to tell your parents or teachers about a touch or action.

If something makes you feel uneasy inside, trust that feeling. Your instincts are important, and your feelings matter.

How to Protect Yourself

There are some simple steps that every student should remember.

If someone behaves in a way that makes you uncomfortable, say no clearly and confidently.

Move away from the situation as soon as you can.

Do not keep secrets about touching or private conversations that make you uncomfortable.

Try not to stay alone in isolated places with someone you do not fully trust.

Be careful while using the internet. Do not share personal details, photographs, passwords, or contact information with strangers.

Always remember that abuse is never the child's fault. The responsibility always lies with the person who behaves wrongly.

The Importance of Speaking Up

Keeping quiet may protect the wrong person. Speaking up protects you and may also protect other children.

If anything inappropriate happens, tell your parents or guardians immediately.

Speak to a teacher you trust,

your school counsellor, or your principal.

Reach out to any responsible adult with whom you feel safe and comfortable.

Under POCSO, schools and authorities are required by law to take complaints seriously and ensure that the child is protected. You will not be blamed or punished for telling the truth.

Why Reporting Matters

When children speak up, the abuse can be stopped early.

Other children can be kept safe.

The law can take necessary action against the wrongdoer.

The child can receive emotional care, support, and guidance.

True courage is not about facing everything alone. True courage is about asking for help when you need it.

Creating a Safe School Environment

Schools play an important role in keeping children safe. When

teachers are approachable and discussions are open, students feel more comfortable sharing their concerns. Parents, teachers, and students must work together to build an atmosphere where respect is valued, boundaries are understood, complaints are taken seriously, and support is always available.

At National Central School, we ensure that teachers are properly sensitised and that children are guided to understand what abuse is and how to respond safely and confidently if they ever face such a situation.

Final Message to Students

You are important.

You deserve respect.

You deserve to feel safe every single day.

If something does not feel right, speak up. Talk to someone you trust. There is always help available.

Awareness protects you.

Knowledge gives you strength.



Message

It gives me immense pleasure to present 'Melange', our school's vibrant tapestry of thoughts, expressions, and creative voices. True to its name, Melange brings together a rich blend of ideas woven from the imagination, curiosity, and heartfelt reflections of our students. Every article, poem, sketch, and feature echoes the youthful spirit of exploration and the courage to express one's inner world.

As educators, we believe that language and literature are not merely subjects to be studied, but powerful media through which students learn to observe, feel, and dream. Melange beautifully mirrors this belief.

I extend my heartfelt appreciation to the young writers and artists who have poured their talent into these pages. Your voices matter, and your work enriches the collective story of our school community. My sincere thanks also go to the editorial team and all teachers who have dedicated their time and effort to bring this magazine to life.

May Melange continue to inspire every learner.

Lida Thomas
English Department



Lida Thomas - English Department

PERSEVERANCE: THE KEY TO SUCCESS

Anna Mariyam Shibu
Class XII

A silhouette of a person standing on the peak of a rugged mountain, holding a telescope to their eye. The background shows a vast, hazy landscape with rolling hills and valleys under a soft, golden light, suggesting a sunrise or sunset.

After several failures, Thomas Alva Edison invented the electric bulb in 1879, and he quoted, “If I find 10,000 ways something won’t work, I haven’t failed. I am not discouraged, because every wrong attempt discarded is another step forward.” This shows his commitment and determination in his work, which finally led to one of the most important inventions of mankind. Many researchers have studied the impact of perseverance and have defined it as the ability to continue a task once it has been started and not give up when it becomes difficult. Perseverance is defined as the ability to stick with a task, even when it’s difficult. The idea is that perseverance is an important factor in the learning process. When an individual is

engaged in any activity, be it mental or physical, and when they meet with an obstacle that takes too long to overcome, it results in frustration.

Perseverance, one of the seven skills students need to succeed, is an essential skill that needs to be nourished and developed. Perseverance is closely related to patience. Patience should be known as the ability to wait or to continue doing something despite difficulty, but it is of entirely equal importance compared with perseverance. Perseverance involves having a positive, yet firm, mindset. It may also act as a catalyst for innovation and creativity. When faced with challenges, one is forced to think outside the box, explore alternative solutions, and push the boundaries of what is possible.

History is replete with examples of great people who, through unwavering perseverance, have

brought about significant societal changes. From civil rights activists like Nelson Mandela, who spent 28 years of his youth in prison, to scientific pioneers like Newton, who spent a whole year of quarantine in his home working 16-18 hours a day, all have left a lasting legacy and have been able to do so by persisting in the face of immense challenges, opposition, and distractions.

In conclusion, perseverance is a powerful force that can transform failure into success, weakness into strength, and uncertainty into clarity. By staying committed to your goals and pushing through challenges, you can achieve more than you ever thought possible. The road may not always be easy, but with perseverance, you can keep moving forward and turn your dreams into reality.

MY FAVOURITE PET

Hannah
Class III A



My favourite pet is a dog.

His name is Bruno.

He is very cute and friendly.

Bruno loves to play with me every day.

He runs around the home and makes everyone happy.

I give him food and water.

He likes to go for walks in the evening.

Bruno understands my feelings and stays close when I am sad.

He protects our home and barks at strangers.

I love my pet very much because he is a part of my family.

Seasons, unlike She

- Krishnajith J B
Class XI



Seasons, unlike she, come round
and round, being endless
She was so kind, so cute, so reckless
Yet her faded tears fall like faded leaves
Seasons turn and turn
Like spring to summer, like sun to rain,
Spring returns with the skies of blue
But she won't bloom the way I knew
Summer enters with a blazing flame
She smiled once, and nothing
was the same anymore.
Seasons turn and turn again
like spring to summer, like sun to rain
The world renews in endless play.
But she broke the cycle, closed the gate,
Her change was final, sealed by fate.

I WOULD WALK AGAIN

Krishnajith J B
Class XI

I would walk again
What kind of day it is.
Not spring, not summer.

I know it's time for the
white cloth to cover my face.
What kind of it is?

Not moody, not pale, but
But all I know is that I'm a male
who forgot my day
on my away.

I rest, maybe shadding, maybe waiting
to be taken.
And therefore I was taken.

But not a bus, not a car.
Yeah, I was mistaken, it was a girl

who was struggling, rather trying
to shake me
inside her umbrella.

Unfortunately, it came,
not my mom, not my friend,
but just a bus...

She was taken, I was not.
She wanted to, I rather not.
But all I know is that I'm a male
who forgot my way.

And all I need is that shade, the
umbrella shade, the umbrella.
And I would walk again to be
taken,
to be taken, to be loved.

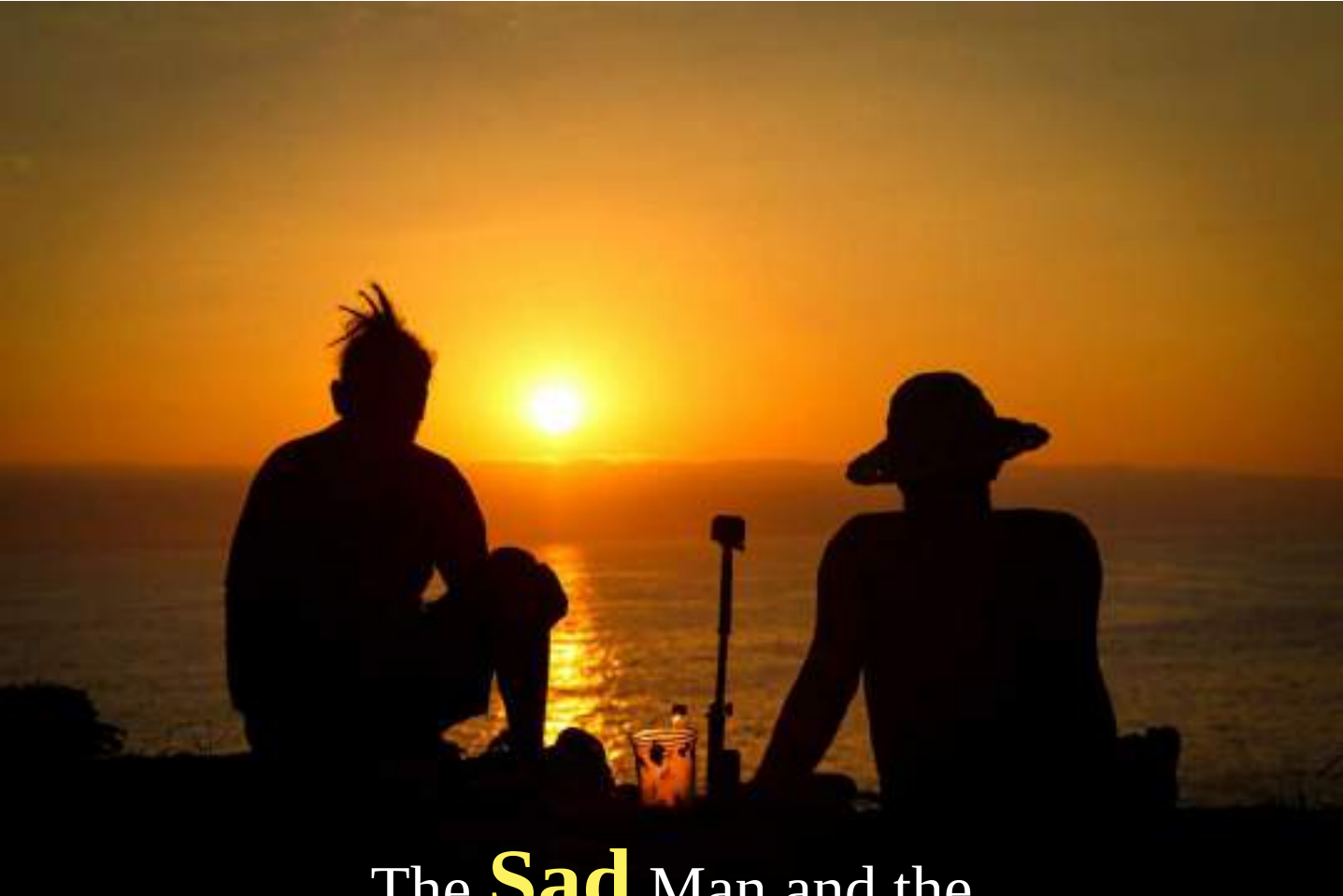


The Poisoned Light

Hannah Mary Sunil
Class XII



She was once a girl
Afraid of the dark and tranquil
Thought of darkness could kill her
In spite loving the poisoned lantern
Feared the silence that the night proclaimed
Beguiled in the facade light
The lantern shone, a dazzling snare
Weary mind by fear stirred her
Waiting for the tranquil to be eerie
With a false hope in the lantern
The brightness hiding venom and ignominy
As she gazed the shuddering gaze
Silently caught the fire everywhere
Still watching the gold dissolve in the light
She was hurt and destroyed by the sinister light
Acceptance meets abandon where
It offered a candor, becomes a canker.
Now she is the girl
Found her shelter in the dark
Where stars with honest eyes
Here she found the sanctuary forever.



The **Sad** Man and the **Happy** Man

Two men were going on a journey together. They were very different from each other. One man was sad, and the other man was always happy. The sad man always worried about his future, but the happy man sang songs.

The sad man said, "What if I become blind one day? How will I walk?" So he closed his eyes and tried to walk like a blind man. The happy man walked on his side, making sure that his sad friend did not stumble.

Just then, the happy man found a purse full of gold. When the sad man opened his eyes, he saw the purse filled with gold in the happy man's hand. The sad man realised his mistake and felt sorry for himself. He decided never to be sad and negative again.

The happy man offered to share the purse of gold with him. The two friends went ahead singing songs together.

Moral: Be positive and live in the present.

Name: Gautham S

Class: V

ENAMOURED

I love you as the rivers love oceans, But, you saw me
But you love me like lava in a volcano as the Beelzebub
It can flare up I was loyal to you.
I crave that you could be mine But you bade me farewell.
But, it's just my fantasy. I don't know why you abhor me.
I saw you as the cherub in my life. But, I'll always linger for you.



Nakshatra Sarath
Class: VIII

Realisation

Luke Linson - Class XI



Rameshwar sat quietly on a bench at the crowded railway station, waiting for his train. All around him, the station buzzed with life—passengers hurried from one platform to another, coolies heaved and dragged heavy suitcases, and families embraced tightly, whispering their goodbyes with teary eyes. The air was thick with the sharp sound of train whistles, loudspeaker announcements, and the constant rhythm of hurried footsteps echoing across the platform.

As he sat observing the restless crowd, a young lady came and sat down beside him. She clutched her luggage close but looked utterly drained. Her face was pale, her shoulders slumped, and her eyes carried a deep, haunting sadness. Something in her expression tugged at Rameshwar's heart.

Noticing her unease, Rameshwar leaned slightly toward her and asked in a gentle, caring voice,

“My child, what's wrong? Are you alone, or is someone here with you?”

The young woman hesitated. Her lips trembled, and her eyes filled with tears before she finally whispered, her voice fragile and cracking,

"I... I am pregnant. My father doesn't understand me. I don't know what to do anymore."

Rameshwar felt a sudden tightness in his chest. A heaviness settled in his heart. He wanted to wrap her in comfort, to say something that would ease her pain, but the right words seemed just out of reach. After a brief silence, he finally spoke, his voice soft and steady—like a father gently reassuring his frightened child:

"Life is not always kind. It is full of twists and turns. We all go through dark days... but that's how we learn to cherish the bright ones. Don't give up. You are

stronger than you think."

The young woman lowered her head, her lips pressed tightly together, unable to respond. But something in her posture shifted—ever so slightly—as if his words had reached some quiet corner of her heart.

A silence settled between them, filled only by the distant clatter of wheels and the shrill whistle of a train approaching the platform. Rameshwar slowly stood up, adjusting his worn bag over his shoulder, ready to leave.

At that moment, the girl looked up at him once more. Her eyes

shimmered—not just with tears, but with something deeper. Something unspoken, raw, and painfully familiar.

Then, in a trembling whisper, she said,

"Father... don't go, or you'll miss your train."

Rameshwar froze. His breath caught. For a moment, time stood still. He stared into her tear-filled eyes, and in that single heartbeat, the truth hit him with the force of a storm.

She wasn't just any stranger. She was his own daughter

My Kuttan: Little Puppy

I always wanted a pet. So one day I told my mother that I wanted to buy a puppy. She agreed, and my father, mother, and I went together to bring a little puppy home.

It was a pug. We named him Kuttan, and he quickly became a part of our family.

He used to play with me all the time. He would run around the house, eat his food, and grow up healthy and smart. Wherever we went, he would come along. He was charming, and I loved him very much.

But one day, he did not wake up. He passed away. After that, whenever I see a puppy, I feel a sense of sadness. I loved him so much, and I still miss him every day.

— Arundhathi Arun
Class III A





MY SCHOOL

My school name is National Central School.
It is an English medium school.
It is very big and beautiful.
It has many classrooms.
There is a big playground in my school.
I study and play with my friends.
My teachers are very kind and helpful.
I learn new things every day.
There is a library and a computer lab.
I love my school very much.

Name: Andria Mariam Ajith
Class: III A

പുരുഷ

വരണ്ട മണ്ണിൽ കുളിർമയേകി,
ആദ്യത്തെ മഴത്തുള്ളി വന്നാണു
മണ്ണിന്റെ ഗന്ധം വാനിലുയർന്നു,
മനസ്സിൽ മോഹങ്ങൾ പൂവിട്ട് നിന്നു
മേഘങ്ങൾ പാടും മധുരശീതം,
പൂക്കൾ ചൊല്ലും സുന്ദരകാവ്യം
കാറ്റിൽ ചിറകിലേറി വന്ന മുകിൽ,
ഭൂമിയെ തഴുകി മെല്ലെ ഉണർത്തി.

Jesvin Tom Anil
VII A



വാനോളം വാഗമൺ

മുടൽ മഞ്ഞിന്റെ മേലാടയിട്ട താഴ്വാരങ്ങളും
പച്ചപ്പുതച്ച മൊട്ടക്കുന്നുകളും മഞ്ഞാൽ
തണുത്തുറഞ്ഞ് കിടക്കുന്ന അരുവികളും വെള്ളച്ചാട്ടങ്ങളും തിങ്ങിനിറഞ്ഞു
നിൽക്കുന്ന പൈൻ മരക്കാടുമൊക്കെയുള്ള പ്രകൃതി വിസ്മയത്തിന്റെ
ലോകമാണ് വാഗമൺ.

സിനിമാക്കാരുടെ ഇഷ്ട ലൊക്കേഷനാണ് മൊട്ടക്കുന്നുകളുടെ ഈ
പറുദീസ.

തേയിലത്തോട്ടങ്ങളും ഉളിപ്പുണിയിലെ പ്രകൃതിയും തുടങ്ങി വാഗമണിൽ
ആസ്വദിക്കാൻ ഒട്ടേറെ ഇടങ്ങളുണ്ട്.

സാഹസികവിനോദങ്ങൾക്കും വാഗമൺ അവസരമൊരുക്കുന്നു.
സൈക്ലിങ്, പാരാഗ്ലൈഡിങ്, ട്രക്കിങ്, റോക്ക് ക്ലൈംബിങ്
തുടങ്ങിയവ പതിവാണ്.

ജീവിതത്തിൽ ഒരിക്കൽ എങ്കിലും കാണേണ്ട ഒരു ഇടം തന്നെയാണ്
വാഗമൺ എന്നതിൽ മാറ്റമില്ല.

അതാണ് എല്ലാ സഞ്ചാരികളെപ്പോലെ വാഗമൺ എന്റെയും
പ്രിയപ്പെട്ടതായത്.

പേര് : ആവണി ഉദയൻ

ക്ലാസ്സ് : IX

അതിജീവനം

മനസ്സിൻ മോഹങ്ങൾ മൃദുരാഗങ്ങളായി
മന്ത്രണം ചെയ്യുന്നേരം.
നിശ്ശബ്ദരാവിൽ നാദവിസ്മയം-
മായവയെന്നെ തഴുകുന്നു,പുണരുന്നു. ...

ചാന്ദ്രശോഭ പകരും പ്രഭയിൽ
പക്ഷം വിടർത്തുന്നു മോഹങ്ങൾ
വാങ്മയ ചിത്രങ്ങളായെന്നിൽ
വർണ്ണരാജികൾ നർത്തനമാടുന്നു.

മോഹങ്ങളാകുമെൻ ജാനകിയെ
അശോകവനിയാകും കാണുന്ന-
ക്കൂട്ടിലാക്കിയതാരോ?
ശ്രീജിതനായ രാവണനോ,
കാരണഭൂതനാകിയ ശ്രീരാമനോ?

ത്രേതായുഗത്തിലെ ജാനകിയാകുമെൻ
മോഹങ്ങൾ അഗ്നിപരീക്ഷയിലൂട്ടു-
യിർകൊള്ളുന്നു. കലിയുഗശക്തിയായി,
സർവ്വസംഹാരിണിയായി,പ്രപഞ്ചനിനാദമായി

ഉത്തരാധുനികയിലെ ദീപ്തിയായി
നിശിഥിനിയെഭേദിക്കും വജ്രമായി
വഗ്നിജ്വാലയായെൻ മോഹങ്ങൾ
നിത്യ വിസ്മയമായി പൂർണതയിലേക്ക്...

ശ്രീകല പി. ബി
മലയാളം അധ്യാപിക





മായാ പ്രപഞ്ചം

വിന്നോളം ഉയരുന്ന മാമലകളും അതിൽ താഴ്വാരത്ത് അലിയുന്ന-
വനഭംഗിയും, ആര്യുണ്യത്തിന് പാദസ്വരമാകും നിരവകളും
ഹാ! എന്തൊരു വിസ്മയം എൻ പ്രകൃതി ഹരിതാദയ യേറുന്ന
പ്രപഞ്ചമേ നിന്നിലനന്തമോ മായ- ക്കാഴ്ചകൾ മനമാരുതിനാൽ
മരച്ചില്ലകൾ ഉരുവിടുന്ന മന്ത്രങ്ങൾ കാട്ടാറുകൾ ചിന്നി ചിതറി-
കൈമണികൾ - കൊട്ടുന്നു. കൈവളകൾ- നിരയായതു പോലെ
വരമ്പുകൾ പാടങ്ങൾ ഇതെല്ലാമെത്രയോ ആനന്ദം, സന്തോഷം,
ആഹ്ലാദം. ഈ ഭൂമിയിൽ ജനിച്ച ഞാനും ഭാഗ്യരേണവായി -
വസിക്കുന്നു മായിക പ്രപഞ്ചത്തിൽ

Leya Sajan
Class IX



പമികൻ

വഴിയറിയാതലയുന്ന പമികനെ കാണാം
പാതിയിൽ നേരിന്റെ മാറാലകൾ നീക്കി
കറവിടിച്ചൊരാ മുണ്ടിന്റെ കോന്തലയർത്തി
എന്തോ പുലമ്പി നടക്കുന്നു പമികൻ
മുന്നിലും പിന്നിലും പോയോരെയറിയില്ല
മുന്നേ പോകുവാൻ ആവതുമില്ല
കണ്ടതും കേട്ടതും മാറാപ്പിലാക്കി
അടിയുലഞ്ഞു ചരിക്കുന്നു പമികൻ
നാലച്ചറ്റിലും വിരലുകൾ ചൂണ്ടുന്ന
ആദർശകോമരങ്ങൾ അഴിഞ്ഞാടുമ്പോൾ

നേർത്തവിടവില്ലുടൊട്ടും തൊടാതെ
നന്നേയൊതുങ്ങി ഗമിക്കുന്നു പമികൻ
ഒരു ജന്മം മുഴുവൻ കണ്ടുമടുത്തൊരു
തലച്ചറ്റിയാടുന്ന മനുഷ്യപിശാചുകൾ
നേരിന്റെ നേർത്തൊരു കണികപോലും

നാളെയേക്ക് കരുതുവാൻ കണ്ടതില്ല
വെറുതെയീ പമികന്റെ പതറുന്ന കാലടികളിൽ
ഒരു തരി മണ്ണിനായ് പരതുന്നു ഞാൻ
വരും ജന്മമെങ്കിലും നേരിന്റെ കൈത്തിരി...
നാളേക്ക് കരുതുവാൻ കഴിഞ്ഞെങ്കിലോ

Kavitha TT
Principal

മൂന്നാർ എന്ന വിസ്മയം

അതിപ്രശസ്തവും മനോഹരവുമായ വിസ്മയങ്ങൾ ആർന്ന പ്രകൃതിയാണ് മൂന്നാർ. കേരളത്തിലെ ഏറ്റവും തണുപ്പേറിയ ഹിൽസ്റ്റേഷനുകളിൽ ഒന്നാണ് മൂന്നാർ. കേരളത്തിന്റെയും തമിഴ്നാടിന്റെയും അതിർത്തി പങ്കിട്ടു നിൽക്കുന്ന ഒരു പ്രദേശമാണിത്. മൂന്നാറിലെ തേയില തോട്ടങ്ങൾ അതിമനോഹരമായ രീതിയിൽ വെട്ടിയൊതുക്കി ഇരിക്കുന്ന കാഴ്ച എന്റെ മനസ്സിൽ ഇന്നും മായാതെ നിൽക്കുന്നു. മൂന്നാറിലെ പ്രധാന വൃക്ഷപോയിന്റുകളിൽ ഒന്നാണ് ഇത്. മാട്ടപ്പട്ടി, ഡാം, ചിന്നക്കുന്നാൽ വെള്ളച്ചാട്ടം, ചിന്നാർ വന്യജീവി സങ്കേതം, ഇരവികുളം, ദേശീയോദ്യാനം, മീശപ്പുലിമല, ആനമുടി എന്നിങ്ങനെ ഒട്ടേറെ കാഴ്ചകൾ നിറഞ്ഞ നിറച്ചു വെച്ചിരിക്കുന്ന ഒരിടം ആണിത്. രാവിലെ മൂടൽമഞ്ഞ് പൂത്തു കിടക്കുന്ന മലകളുടെ കാഴ്ച, മനസ്സിനെ ഹൃദയാകുന്നു. ഓരോ യാത്രകളും ഓരോ പുതിയ കഥകൾ സമ്മാനിക്കുന്നു അതിനാൽ എനിക്ക് ഏറ്റവും ഇഷ്ടം യാത്ര ചെയ്യുവാനാണ്.

Gowri shankari
Class: IX



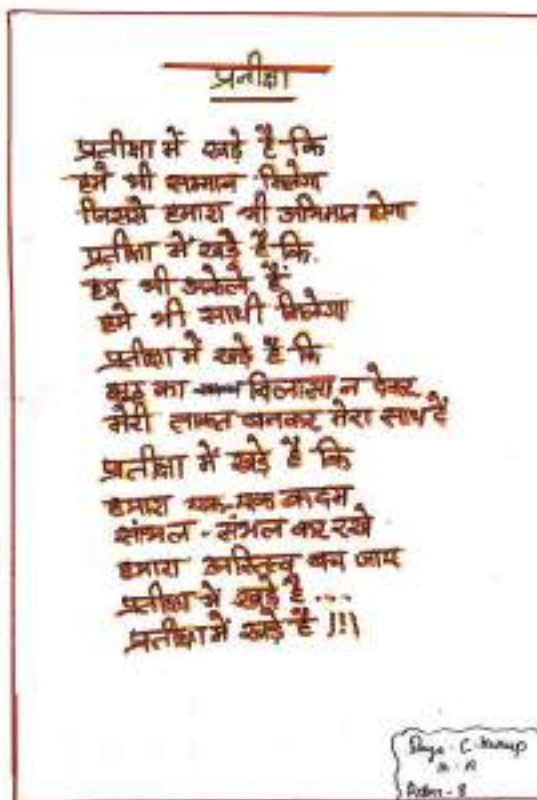
शुभ संदेश:

हम सबका जीवन लक्ष्य एक हो, हृदय और मन एक हो ताकि हम परस्पर मिलकर जीवन में उस एक लक्ष्य का प्राप्त करे जो जीवन में समन्वय और सहयोग की भावना से अनुप्राणित हो। कुछ भी बनने से पहले हम मनुष्य बने और बनाये।

मुझे प्रसन्नता है कि हमारे विद्यार्थी पुस्तकीय ज्ञान के अतिरिक्त शिक्षणोत्तर क्रिया कलाओं में भी भागीदारी निभा रहे हैं, उनके बहुआयामी व्यक्तित्व को निखारने के लिए विद्यालय की वार्षिक पत्रिका सदल रही है मुझे विश्वास है यह पत्रिका का नवीन संस्करण छात्र छात्राओं को रचनात्मकता की ओर प्रेरित करेगा।

यह पत्रिका के सफल प्रकाशन हेतु मेरी हार्दिक शुभकामनाएं।

हिन्दी विभाग
विजय रेखा बी।



Daya C Kurup
Class IX



Arpith Abey
Class IX



Sreyas Krishnan S.
Class IX



Manjima R



ART GALLERY

Manjima R Nair - Class VII A



Manjima R



Manjima R



Aayush Sajjan
Class - IV



Abel T Wilson
Class - VIII



Aisha Elizabeth Vinish
Class - IX



Ameya Rajesh
Class - IV



Mobin
Class VII A



Meera A Nair
Class - VI



Sivananda Ajikumar
Class - IX



Rovina
Class - III A



Thapswi Sooraj
Class - VI



Nakshathra Sarath
Class - VIII



Thapasya Hariprasad
Class - VII B



Andria Mariam Ajith
Class - III A



Nakshathra Sarath
Class - VIII



Devadutt B
Class - VIII



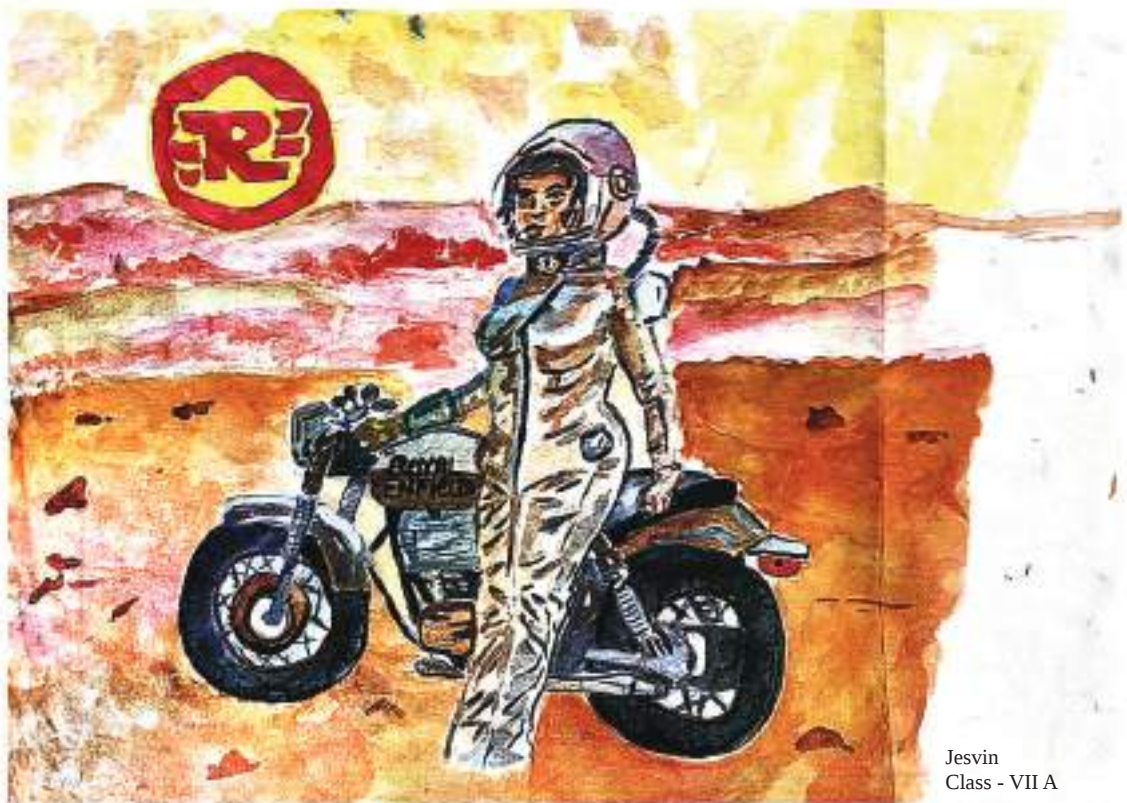
Devadutt B
Class - VIII



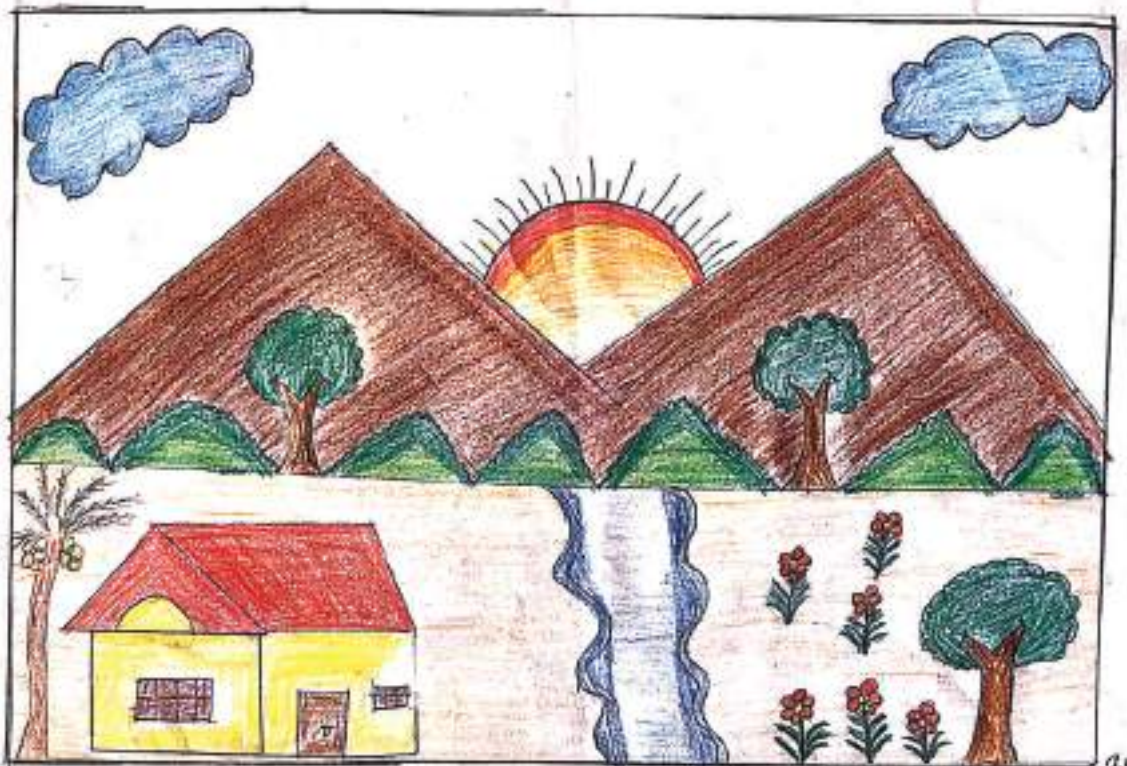
Adithyan J
Class - VII B



Devanarayanan
Class - III A



Jesvin
Class - VII A



Sherah Sunil
Class - III A

Sherah Sunil 30



SUBJECT ORIENTED ACTIVITIES





SUBJECT ORIENTED ACTIVITIES





SAHODAYA

ALAPPUZHA -PATHANAMTHITTA





SAHODAYA

ALAPPUZHA -PATHANAMTHITTA





SAHODAYA

ALAPPUZHA -PATHANAMTHITTA



NCS CO-CURRICULAR ACTIVITIES





ANNUAL DAY





NCS CLASS GROUP PHOTOGRAPHS



NCS CLASS GROUP PHOTOGRAPHS



NCS CLASS GROUP PHOTOGRAPHS



NCS CLASS GROUP PHOTOGRAPHS



NCS CLASS GROUP PHOTOGRAPHS



NCS CLASS GROUP PHOTOGRAPHS





KINDERGARTEN

Cocoon of NCS



MIERAKI



MERAKI

The central theme of Kindergarten for this magazine edition is "Meraki" which is a Greek word which means to do something with soul, passion and a touch of love. Meraki reflects the essence of our kindergarten wherein every child is nurtured in the cocoon of warmth, love, and joy to emerge as vibrant individuals resembling a radiant butterfly who Dream, Believe and Achieve. Every page of this edition is a trail down memory lane filled with stories of joy, resilience, endeavour, camaraderie & feats.

Meraki is more than just a collection of work, it is a shared experience of students, teachers and parents which has formed a thriving community. We hope you enjoy reading, sharing and perhaps even being inspired to add your own dash of Meraki to the next issue.

Thank you for joining us on this odyssey, let the pages turn, the ideas fuel your imagination & the spirit of Meraki nestled in the heart & soul of Kindergarten.

Adios, Till we meet again...

Acknowledging Inaya



*"Inaya Little artist,
an incredible dancer,
horror-movie buff,
a vivid storyteller
all in one bright spark!"*

A huge round of applause for our very own Inaya , student of UKG B

With her vivid imagination she has turned the plain canvas into a work of art which encapsulates the theme Meraki at its best.

A heartfelt thank you to Inaya's wonderful parents for nurturing her creativity and collaborating with us to bring this beautiful piece to life. Your teamwork truly shines!

We're so proud to have you as our student. Keep dancing, drawing, and inspiring us all!

Kindergarten A Nurturing Space Where Little Minds Bloom



At the heart of our kindergarten is our motto Dream, Believe and Achieve where every child is encouraged to wonder, explore, and gently grow. Our classrooms—named the Florets (Play-Way), Climbers (LKG) and Bloomers (UKG)—are the nurturing “gardens” where each child grows everyday by discovering, playing, and learning at their own pace.

Our classes are thematic based such as wildlife, gardens, and shapes, which turns the learning into an adventure & the abstract concepts turn into live experiences. Children come closer to nature by seeing varied hues of flowers & leaves, learning shapes and patterns in the botanical garden.

The Kalakshetram is a curated space for artistic pursuit encouraging every child to express themselves freely and develop a love for the arts.

Welcome to our cocoon where Meraki resonates in the warm bonding of teachers and students where every day is a step toward lifelong learning.

Let’s sail together.... Bon voyage!



To all my little ones with a kinder heart♥

There is no other beginning of learning other than wonder

-Plato's Theaetetus

Surely 'wonder' is the word to describe this session of Kindergarten, the wonder of the children upon discovering rainbow or new patterns of leaves, wonder of teachers discovering the hidden talents of the tiny tots and wonder of children for themselves when they pronounce words just perfectly.

Amidst all this wonder, one can't just help to go back the memory lane to one's own childhood, by reliving the joy of childhood along with the students. The school has played a pivotal role to ensure that everyone gets to express himself or herself fully and discover their hidden nuggets of talent.

We have danced, laughed and sang together, sometimes dejected but bouncing back like a team, I cherish all our moments together, whether it was as a teamwork during Annual function, Sports day or singing in chorus during Gandhi Jayanti, every moment with the children is like discovering our own self as a teacher, we have built a small community of helping parents, teachers and students all working together as Ryunosuke Satoro has remarked, 'Individually, we are one drop. Together we are an ocean'.

This magazine 'Meraki' is the collection of all those sweet memories and the painstaking endeavour we have undertaken during the year, I hope you will all cherish and relive the moment and may it lend a feeling of warmth to you, Adios my little amigos with a faith that you always have those spark of curiosity in your eyes, the zeal to thrive, that bright smile which has always warmed my heart, the camaraderie towards your classmate and the respect for your elders. I wish this bond stronger for the years to come, last but not the least cheers for our little superheroes.

Cheerios.. Till we meet again.... Keep Sailing

With lots of love



Anita Sadasivan
Section Head



This year has been a memorable journey with my students. Each day in the classroom was filled with learning, laughter, and new experiences. Watching the children participate enthusiastically in various activities, grow in confidence, and support each other has been truly rewarding for me as a teacher.

I am grateful for their respect, their curiosity, and the joy they brought into every lesson. These moments will stay close to my heart.

My message to my dear students: continue to dream boldly, work sincerely, and stay kind to everyone around you. Carry forward the values you have learned, believe in your abilities, and always take pride in who you are. May you shine brightly wherever you go.

Beena Saji
UKG A



This year has been a beautiful journey with my little learners. Each day I watched them grow- learning to speak confidently, share with friends, and enjoy every small activity with excitement. Our classroom was filled with songs, colours, laughter, and endless curiosity.

My dear children, always keep the same joy in learning. Believe in yourself, be kind to others, and shine wherever you go.

Sheela Joseph
UKG B



Teaching my students this year has been a blessing filled with joy and growth. Every small achievement, shared smile, and curious question made our classroom come alive. Together, we created memories through learning, laughter, and togetherness...

To my dear children, may you always walk forward with confidence, kindness, and a love for learning. Believe that you can do great things, and never stop trying.

Anju Shaji (LKG A)



This year has been a heartwarming journey with my precious children. Every day, I saw them grow in confidence, learn to share, and participate joyfully in all activities. Our classroom was filled with songs, colors, laughter, and curious little hearts.

Dear children, continue to learn with joy, believe in yourselves, and be kind to all. May you always shine bright. I thank God for His blessings and for the wonderful time we shared together.

Mrs Shobi Jose (LKG B)



Dear Little Friends,

Wow, what an amazing year we've had! I'm so proud of each and every one of you. We've learned so much together - we've sung fun songs and action songs, explored our creativity through drawing, colouring, art, and craft, and played games that made us laugh and learn.

You've grown, made new friends, and had so much fun. As you move on to new adventures, remember to always be kind, curious, and brave. Keep exploring, learning, and shining bright!

Wishing you a summer full of laughter, love, and happy memories. See you next year!

With love and smiles,

Mrs Merlin (Play class)



KG Student Council



The Quiet Genius - Athmika Shinu Kumar

Smart and Vibrant is our Kindergarten Captain Athmika Shinu Kumar.



The Brainy Jester-Krishna Nivedh V

Witty and Brainy is our Daffodil captain Krishna Nivedh V



The Achiever - Adhitri Sreerag

Goal oriented and focus is our Lotus Captain Adithri Sreerag



The Sporty One-Devarsh.R.

The sprinter and the scorer is our KG sports captain Devarsh.R



The Perfectionist - Nathaan P John

Striving for excellence is our Bluebell captain Nathaan P John



Sassy & Savvy- Avni S

Learning with sass, solving problems with style is our Dahlia captain Avni



The Determined One-Aryan S

Determination is the vibe of our Vice-Captain Aryan S



Étincelle Falling on my Canvas: Awakening the creativity



“What keeps life fascinating is the constant creativity of the soul,”

-Deepak Chopra (Life after death)

Creativity is the window through which imagination enters our world that gives birth to self expression, endless ideas and innovation. It is the whisper in the willows that beckons us beyond reality and nudges us to enter the realm of the unknown; to stumble upon new dimensions and create a new culturespace.

As Rumi wrote “ Inside you , there’s an artist you don’t know about ”. We generally end up forgetting about the spirit of the inner child that lives within all of us. We forget how to play,wonder, create,explore and imagine.Creativity is all about enfolding the unknown, letting go of perfection and allowing ourselves to look beyond what is familiar.

Creativity flows like a moonlight river, its waves stirred by the whispers of ‘What If ’ and winds of change. It is in the Notes of the Musicians, a Sculpture etched by the chisel of Sculptor , in every Verse of the Poet, Artwork of an Artist, Experiments & Innovation of a Scientist, Architect Design, Chef ‘s Gastronomy and Engineer’s Marvel.Creativity is a bridge that leads thoughts to creation and it is an amalgamation of logic and intuition.

Creativity in childhood is like looking through a kaleidoscope wherein magic is created through mundane things as in finding castles in the clouds, pencils & erasers are stacked into robots and scribbling takes a form of art. The trick to nurture creativity is like watering the climbers and watching it grow through windowpanes. So the key is to start creating - even if it’s just a single musical note, a line or a scribble .It is well reflected in the French quote by Albert Camus “Créer, c’est vivre deux fois.” – To create is to live twice.

In this dance of creativity, we find our unique rhythm, voice and perspectives giving shape to a newer world which has varied hues.

As Steve Jobs said, “Stay foolish,Stay Hungry ”- that’s the vibe.

- Anita Sadasivan





Sunbeam

Sunbeam twirls around my palm,
A golden hush; embracing in warmth.
Muse filled spirit, a canvas larger than life.
Unraveling of dreams as colours glide.

Medley of colours ; in gentle confine,
Touch my heart with brilliant light .
With every gleam, my soul takes flight.
Only to find my soul's own light.

Unspoken words turn to vibrant shades ,
Imagination takes me to vivid space.

With every shower of light,
My dream comes alive
And I found the meaning .
' What is life ? '

-Anita Sadasivan



BUILDING BLOCKS OF CHARACTER

Events that instilled values of leadership, community spirit, and patriotism in our young learners, shaping their personalities and grounding them for a bright future.



INDEPENDENCE DAY



GANDHI JAYANTI





Kids
fest
WINNERS!





Celebration fills learning with colors, kindness, and joy!

"Celebration has been a key part of NCS Kindergarten, adding a dash of colours to the course of learning, allowing the little ones to learn about our heritage, togetherness, and being kind-hearted."





Little **ONAM**





Merry
Christmas





Where curiosity meets Fun at NCS Kindergarten



NCS Kindergarten believes in encouraging curiosity and exploratory learning. Learning is activity-based, making the process more engaging and substantial.



RAINY DAY ACTIVITY





MATHEMATICS ACTIVITY



PHONIC ACTIVITY



SENSE ORGANS ACTIVITY



SPORTS DAY

"The sports-manship of the little ones was truly witnessed this year, as they came together as one big team, united in spirit."



ANNUAL FUNCTION



KIDZANIA WINNERS

Our kindergarten little stars brought immense pride to the school by showcasing their talents and winning awards in various categories at the Kidzania Sahodaya event, including rhyme,



PARENTS: OUR VALUED TEAM PLAYERS IN NURTURING YOUNG MINDS

"Parents have been a crucial part of NCS Kindergarten, playing a vital role as team players throughout the year, collaborating with the school in the overall development of our little ones."













Lemonade Day



LITTLE ARTISTS, BIG DREAMS



CLASS PHOTOS





LKG B



UKG A



UKG B



NATIONAL CENTRAL SCHOOL

Ezhamkulam, Adoor

Ph: 7306381835 | n.centralschool@rediffmail.com | www.nationalcentralschool.com



NATIONAL CENTRAL SCHOOL

(Senior Secondary)

(Affiliated to CBSE, New Delhi No 930763)

EZHAMKULAM, ADDOOR- 691554

Your Path to Tomorrow Starts Here

Subject Combinations Offered at +2

Science Major

English
Physics
Chemistry
Biology/Computer Science / Economics
Mathematics / Informatics Practices / Psychology
Physical Education / Painting
Note: A Student cannot opt for both Computer Science and Informatics Practices in this group.

Commerce Major

English
Business Studies
Accountancy
Economics / Legal Studies
Mathematics / Applied Mathematics / Physical Education /
Painting
Hindi / Geography / Informatics Practices /
Entrepreneurship

Humanities Major

English
Political Science / Psychology
History / Sociology
Geography / Hindi / Informatics Practices / Entrepreneurship
Economics / Legal Studies
Physical Education / Mathematics / Painting+

- ▶ Excellent coaching for Sports and Arts
- ▶ Integrated entrance-oriented coaching program (Class 6-12)
- ▶ Civil services foundation course (Class 6-12)
- ▶ Psychometric test (senior classes).



ADMISSIONS OPEN 2026-27

PLAY CLASS
LKG | UKG
CLASSES : I TO IX & XI

